

**HOT LINES &  
24 HOUR EMERGENCY SERVICES**

**2<sup>nd</sup> Floor Youth Helpline** .....888.222.2228  
**180 Turning Lives Around**.....732.264.4111  
 (Domestic violence & sexual assault)  
**CentraState Medical Center** .....732.780.6023  
**Jersey Shore University Medical Center**  
 .....732.776.4555  
**Children’s Mobile Response &  
 Stabilization Services**.....877.652.7624  
**Monmouth Medical Center/PESS**..732.923.6999  
 (Psychiatric Emergency Screening Services:  
 adults & children)  
**Early Intervention Support Services (EISS)**  
 .....732.922.1042  
**NJ Hope Line (Suicide)** .....855.654.6735  
**National Suicide Prevention Lifeline**  
 .....800.273.8255  
**Riverview Medical Center**.....732.219.5325  
**NJ Div. of Child Protection & Permanency**  
 .....877.652.2873  
 Child abuse (anonymity guaranteed)  
**Protective Services** .....732.531.9191  
 (Elderly and disabled)

**DAY PROGRAMS**

**Bridges** .....732.780.8933  
 86 Vanderveer Rd, Howell  
**Community Care** .....732.462.5553  
 3443 Route 9 N, suite 1100, Freehold  
**Community Connections** .....732.923.5220  
 75 N. Bath Ave, Long Branch  
**CPC Behavioral Healthcare**.....732.290.1700  
 1088 Route 34, Aberdeen  
**Gateway Day Treatment** .....732.922.0591  
 1 Center St, Ocean  
**Unity Place**.....848.208.2636  
 1075 Stephenson Ave, Suite C, Oceanport  
**Jersey Shore University Medical Center**  
 (Children’s programs) .....732.869.2784  
 402 Highway 35, Neptune  
**Monmouth Partial Care** .....732.866.1700  
 1930 Heck Ave., Bldg. 3 Suite 1, Neptune  
**Center for Vocational Rehabilitation**  
 15 Meridian Rd, #1, Eatontown .....732.544.1800  
**Morning Glory Partial Care**.....732.918.9905  
 645 Neptune Blvd, Neptune  
**Riverview/Booker Behavioral Health**  
 661 Shrewsbury Ave, Shrewsbury.....732.345.3400

**MENTAL HEALTH TREATMENT CENTERS  
IN-PATIENT: ADULTS**

**CentraState Medical Center** ..... 732.780.6023  
**Jersey Shore University Medical Center**  
 ..... 732.775.5500  
**Monmouth Medical Center** ..... 732.923.6909  
**Riverview Medical Center** ..... 732.530.2478  
*Admission only through community hospitals:*  
**Ancora Psychiatric Hospital** ..... 609.561.1700  
**Greystone Park Psychiatric Hospital**. 973.538.1800  
**Trenton Psychiatric Hospital** ..... 609.633.1500

**MENTAL HEALTH TREATMENT CENTERS  
IN-PATIENT: CHILDREN**

**Monmouth Medical Center** ..... 732.923.6909  
**Children’s Crisis Intervention Services**  
 ..... 732.923.6925  
**Carrier Clinic 24/7 Access Center**..... 800.933.3579  
**Hampton Behavioral Health Center** .. 800.603.6767

**MENTAL HEALTH TREATMENT CENTERS  
OUT-PATIENT: CHILDREN & ADULTS**

**Community YMCA**  
 166 Main St, Matawan ..... 732.290.9040  
 613 Hope Rd, Eatontown..... 732.544.4544  
**CPC Behavioral Healthcare** ..... 732.842.2000  
 \* 270 Highway 35, Red Bank  
 \* 22 Court St, Freehold  
 \* 1088 Highway 34, Aberdeen  
**JSUMC Behavioral Health** ..... 732.643.4363  
 3535 Route 66, Neptune  
**Monmouth Medical Center/Pollak Clinic**  
 5 North Bath Ave, Long Branch ..... 732.923.5220  
**Riverview/Booker Behavioral Health**  
 661 Shrewsbury Ave, Shrewsbury ..... 732.450.2900  
**Stress Care of New Jersey, LLC**  
 500 Park Avenue, Manalapan.....732.679.4500

**YOUTH AND FAMILY**

**180 Turning Lives Around** ..... 888.843.9262  
 1 Bethany Rd, Bldg 3, Suite 42, Hazlet  
 \* Satellite Office in Neptune  
**2nd Floor Youth Helpline**..... 888.222.2228  
**Bayshore Family Success Center** ..... 732.497.3811  
 Henry Hudson Trail Activity Center  
 945 State Highway 36, Leonardo  
**Catholic Charities Monmouth Counseling  
 Program** ..... 732.747.9660 (Office)  
 ..... 800.360.7711 (Access Center)  
**Family Growth Program (Sexual Abuse)**  
 145 Maple Ave, Red Bank.....732.747-9660 (Office)  
 ..... 800-360-7711 (Access Center)  
 Satellite Offices in Keansburg, Freehold & Neptune  
**Collier Services** ..... 732.946.4771  
 160 Conover Rd, Wickatunk  
**Community Affairs & Resource Center (CARC)**  
*Spanish & Creole Spoken*  
 913 Sewall Ave, Asbury Park ..... 732.774.3282  
 12 Throckmorton St, Freehold ..... 732.431.6977  
**Community YMCA Family Services**  
 166 Main St, Matawan ..... 732.290.9040  
**CPC Behavioral Healthcare** ..... 732.842.2000  
 \* 270 Highway 35, Red Bank  
 \* 22 Court St, Freehold  
 \* 1088 Highway 34, Aberdeen  
**Family & Children’s Service**..... 732.222.9111  
 191 Bath Ave, Long Branch  
**High Focus Centers** ..... 800.877.3628  
**IEP Youth Services, Inc.**..... 732.431.2663  
 75 W. Main St, Freehold  
**Jewish Family & Children’s Service** . 732.774.6886  
 \* 705 Summerfield Ave, Asbury Park  
 \* 1 Main St, Suite 219, Eatontown  
 \* 25 Kilmer Dr, Bldg. 3, Ste. 212, Morganville  
**Mercy Center Family Resource Center**  
 1106 Main St, Asbury Park ..... 732.774.9397  
**Mental Health Association** ..... 732.542.6422  
 Intensive Family Support Services (IFSS)  
 119 Ave of the Commons, Suite 5, Shrewsbury  
**Ocean Township Human Services**..... 732.531.2600  
 601 Deal Rd, Ocean  
**Society for Prevention of Teen Suicide**  
 110 W. Main St, Freehold.....732.410.7900

*Referral through PerformCare only:*  
**MonmouthCares** ..... 732.222.8008  
 \* 185 State Route 36, Suite B-1; West Long Branch



**MENTAL HEALTH SERVICES  
IN MONMOUTH COUNTY**

Monmouth County  
Department of Human Services

**Division of Mental Health and  
Addiction Services**

**Office of Mental Health**

3000 Kozloski Road  
Freehold, NJ 07728  
Telephone 732.431.7200  
Fax: 732.866.3595

[www.visitmonmouth.com](http://www.visitmonmouth.com)

2018-19

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## SELF-HELP

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**Al-Anon/Alateen** .....888.944.5678  
(Families & friends of alcoholics)

**Alcoholics Anonymous (AA)** ...800.245.1377

**CHADD** .....732.552.8012  
(Children & adults with Attention Deficit  
Hyperactivity Disorder)

**Collaborative Support Programs of NJ**  
(CSP) (Self-help for the mentally ill)  
**Neptune C.A.R.E. (CWC)**  
**Community Wellness Center** . 732-455-5358  
**Freehold Wellness Center** ..... 732-625-9485

**Gambling Helpline**..... 800.426-2537

**Families Anonymous** .....800.736.9805  
(Families & friends of addicts)

**Family Based Services**.....732.542.4502  
(Support for parents & caregivers)

**National Alliance on Mental Illness**  
**(NAMI)**  
<http://www.nami.org>.....800.950.6264

**NAMI Monmouth** .....732.462.6448

**Narcotics Anonymous (NA)** .....800.992.0401

**Nar-Anon** .....877.424.4491  
(Families & friends of drug users)

**No Stigma Network, Inc**  
[nostigmanetwork@gmail.com](mailto:nostigmanetwork@gmail.com) .....732.533.7632  
**Nostigmanetwork.com**

**NJ Self-Help Clearing House**...800.367.6274  
**Parents Anonymous** .....800.843.5437  
(Child abuse prevention)

**Peer Recovery Warm Line** .....877.292.5588

**Shore House**.....732.759.1595

**Smart Recovery**.....732.962.5442

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## LEGAL SERVICES

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**Community Health Law Project**732.380.1012  
1 Main St, Suite 413, Eatontown

**Disability Rights NJ** ..... 800.922.7233  
*TTY call through NJ Relay at 711*  
210 S. Broad St, 3<sup>rd</sup> floor Trenton

**Division of Mental Health and**  
**Guardianship Advocacy** ..... 732.869.2262  
630 Bangs Ave, room 317, Asbury Park

**Legal Aid Society** ..... 732.869.5619  
2407 Route 66, Ocean Township

**South Jersey Legal Services** .. 732.414.6750  
303 W. Main St, 3<sup>rd</sup> floor, Freehold

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## DEVELOPMENTAL DISABILITIES

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**Arc Monmouth** ..... 732.493.1919  
Wayside Rd, Tinton Falls

**Family Support Center of NJ** .. 732.262.8020  
(Information on national, state & local family  
support programs, services & disabilities)  
35 Beaverson Blvd, Building 11, Brick

**Family Resource Associates**... 732.747.5310  
35 Haddon Ave, Shrewsbury

**LADACIN Network** ..... 732.493.5900  
(Lifetime assistance for developmental and  
challenging individual needs)  
1701 Kneelely Blvd., Wanamassa

**SEARCH Day Program** ..... 732.531.0454  
(Autism spectrum)  
73 Wickapecko Dr, Ocean

**VNA Special Child Health Services**  
23 Main St, Suite D1, Holmdel .....800.400.0981

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## VETERAN & SENIOR ADULT SERVICES

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**Monmouth County Veterans Services**  
**Monmouth County Office on Aging**  
3000 Kozloski Rd  
Human Services Bldg, Freehold.. 732-683-8675

**State of NJ**  
**Veterans Affairs Service Office**  
630 Bangs Ave, Asbury Park..... 732-775-7009

**Adult Protective Services** .....732.531.9191  
191 Bath Ave, Long Branch

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## CASE MANAGEMENT

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**City of Asbury Park**  
**Dept. of Social Services** .....732.775.2100  
Municipal Plaza, Asbury Park

**CPC Behavioral Healthcare (ICMS)**  
**Integrated Case Management Services**  
.....732.290.1700  
1088 Highway 34, Aberdeen

**Easter Seals NJ**.....732.380.0390  
615 Hope Rd, Building 3, Eatontown

**Partners in Independence** ..... 732.542.6422  
(Supportive housing)  
Mental Health Association of Monmouth County  
119 Avenue of the Commons, Suite 5,  
Shrewsbury

*This Reference Guide was printed courtesy  
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Monmouth County  
Board of Chosen Freeholders  
and its  
Department of Public Information and Tourism*

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## HOUSING

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**Affordable Housing Alliance**... 732.389.2958  
59 Broad St, Eatontown

**CPC Behavioral Healthcare** .... 732.290.1700  
1088 Highway 34, Aberdeen

**Collaborative Support Programs of NJ** (CSP)  
Monarch Housing .....732-625-9516 ext 2

**Declarations, Inc.** ..... 732.792.6990  
(Supportive housing)  
223 Taylors Mill Rd, Manalapan

**Easter Seals NJ** ..... 732.380.0390  
(Housing/special needs)  
615 Hope Rd, Building 3, Eatontown

**HABcore, Inc.**.....732.544.1975  
PO Box 2361, Red bank

**Monmouth County Homeless Shelters**  
Applications *only* through  
Monmouth County Division of Social Services  
732.431.6000 ext. 2081 or ext. 5872  
After 4:30pm ..... 732.431.6000

**RHD Coastal Wellness**..... 732.361.5845  
(Supportive housing)  
2040 Sixth Ave, Suite. C, Neptune City

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## INFORMATION & REFERRAL

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**Monmouth County Office of Mental Health**  
..... 732.431.7200

**Help at Any Time**..... 211  
**Long Branch Concordance** ..... 732.571.1670  
**Mercy Center**..... 732.774.9397  
(Support & counseling groups)

**Monmouth Resource Net:**  
Website ..... [www.monmouthresourcenet.org](http://www.monmouthresourcenet.org)  
**Peer Recovery Warm Line** .....877.292.5588  
**PerformCare**.....877.652.7624  
(Children & Families)  
**Red Bank Resource Network** .. 732.383.5135